

The purpose of this continuing education series is to increase the pediatric nurse's awareness and understanding of selected statewide programs that benefit children and families.

A statewide program allows the provision of professional services to every corner of the state, including those areas where such professional expertise is lacking. Thus, children and families in all types of communities have opportunities to benefit from important healthcare resources. Keeping updated on current programs and their effectiveness will increase the pediatric nurse's ability to make appropriate referrals, and to advocate for and perhaps become instrumental in the startup or continuation of such programs.

This continuing education series features two articles of importance to pediatric nurses. The first article describes a statewide transition program and its outcomes for youth with special health care needs in Kentucky. The second article presents the evaluation of outcomes of child care health consultation services delivered to child care providers in New Jersey.

ASSIGNMENT

- Blomquist, K. (2006). Healthy and ready to work—Kentucky: Incorporating transition into a state program for children with special health care needs. *Pediatric Nursing*, 32(6), 515-528.
- Dellert, J., Gasaberti, D., Sternas, K., Lucarelli, P., Hall, J. (2006). Outcomes of child care health consultation services for child care providers in New Jersey: A pilot study. *Pediatric Nursing*, 32(6), 530-535, 565.

Earn 3.0 Contact Hours

Objectives:

1. Discuss the importance of statewide programs that serve children and families.
2. Describe the essential components of a statewide transition program for youth with special health care needs.
3. List three positive findings of a study to evaluate outcomes of statewide child care health consultation services delivered to child care providers.
4. Identify opportunities for pediatric nurses to keep current on statewide programs in their locality.

This offering for 3.0 contact hours is provided by Anthony J. Jannetti, Inc.

Anthony J. Jannetti, Inc. is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation (ANCC-COA).

Anthony J. Jannetti, Inc. is an approved provider of continuing education by the California Board of Registered Nursing, CEP No. 5387.

Articles accepted for publication in the continuing education series are refereed manuscripts that are reviewed in the standard *Pediatric Nursing* review process with other articles appearing in the journal.

This test was reviewed and edited by Judy A. Rollins, PhD, RN, *Pediatric Nursing* associate editor, and Veronica D. Feeg, PhD, RN, FAAN, *Pediatric Nursing* editor.

Questions

1. **Which of the following statements is true concerning transition of youth with special health care needs?**
 - a. Pediatric providers and parents have expectations for youth that exceed their abilities.
 - b. Interdisciplinary settings are uncommon in adult health care.
 - c. 18-29 year old young adults are more likely to have health insurance.
 - d. Youth with disabilities have more opportunities to make decisions.
 - e. Young people with special needs have precocious development and sexuality.
2. **To promote health care transition, nurses can**
 - a. start early helping children to do self care, manage their health in school, and plan for emergencies.
 - b. help youth learn to work with their doctors, maintain their health records and find new doctors.
 - c. help families plan early for maintenance of health insurance and find funding for needed services.
 - d. address depression and other mental health issues that interfere with ability of youth to engage in life.
 - e. All of the above
3. **Healthy People 2010, the Healthy and Ready to Work initiative, and the Surgeon General's Call to Action to Improve the Health and Wellness of Persons with Disabilities are**
 - a. State department of labor initiatives.
 - b. Federal government education initiatives.
 - c. Federal government health policy initiatives.
 - d. Supreme Court decisions for people with disabilities.
 - e. Social Security Administration initiatives.
4. **What is the primary focus for parent advocacy groups and centers for independent living?**
 - a. Encouraging dependence on government benefit programs
 - b. Offering employment to people with disabilities
 - c. Contracting with other organizations to maintain funding
 - d. Supporting strengths and resources of families, youth, and adults with disabilities
 - e. Promoting relationships with schools and workplaces
5. **Characteristics of a model program promoting transition of youth to adulthood include**
 - a. transition in a mission statement, policies and procedures, job descriptions, personnel evaluations, quality assurance measures, and care coordination activities.
 - b. youth and families as members of advisory boards, program planning and evaluation, and information dissemination activities.
 - c. interagency partnerships at the state and local levels among health care providers, educators, workforce development and businesses, assistive technology, independent living and transportation agencies.
 - d. promotion of and referral to work and recreational activities to help youth gain experience in the community.
 - e. All of the above
6. **In Dellert et al.'s study, child care providers reported that child care health consultation services are**
 - a. definitely a benefit to child care providers.
 - b. seldom needed in child care settings.
 - c. too expensive for most child care providers.
 - d. unlikely to be used more than one time.
 - e. unfamiliar to most child care providers.

- 7. This study found that, as a result of child care health consultation, an average of ___ changes were made at each child care site.
 - a. 3.5
 - b. 4.6
 - c. 5.2
 - d. 6.8
 - e. 7.2
- 8. After child care health consultation, child care staff were reported to be better at
 - a. choosing play activities for children.
 - b. explaining educational benefits to parents.
 - c. writing reports for accreditation agencies.
 - d. meeting child care health standards.
 - e. keeping cost of supplies down.
- 9. In this study, most of the change in child care sites and child care staff competencies after child care health consultation could be explained by
 - a. feeling of satisfaction in interactions with health consultants.
 - b. perception that child care health consultation is useful.
 - c. belief that health consultation is inexpensive.
 - d. recognition that health consultants are always nurses.
 - e. understanding that health consultation is difficult to obtain.
- 10. The results of this study suggest that nurses can be more effective in child care health consultation if they
 - a. submit bills for services regularly to health insurance companies.
 - b. are careful to only follow the directions of physicians in the area.
 - c. avoid being involved in planning for health services for children.
 - d. periodically find out what services are desired by child care providers.
 - e. limit their services to surveying for hygiene standards.



Answer Form: Statewide Programs

*PED J607

Check the box next to the correct answer.

- | | | | | | | | | | |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------|
| 1. <input type="checkbox"/> A | 2. <input type="checkbox"/> A | 3. <input type="checkbox"/> A | 4. <input type="checkbox"/> A | 5. <input type="checkbox"/> A | 6. <input type="checkbox"/> A | 7. <input type="checkbox"/> A | 8. <input type="checkbox"/> A | 9. <input type="checkbox"/> A | 10. <input type="checkbox"/> A |
| <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B | <input type="checkbox"/> B |
| <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C | <input type="checkbox"/> C |
| <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D | <input type="checkbox"/> D |
| <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E | <input type="checkbox"/> E |

This test may be copied for use by others.

COMPLETE THE FOLLOWING:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Evaluation	Strongly disagree				Strongly agree
1. The objectives relate to the overall purpose/goals of the education activity.	1	2	3	4	5
2. The activity met the stated objectives.					
a. Discuss the importance of statewide programs that serve children and families.	1	2	3	4	5
b. Describe the essential components of a statewide transition program for youth with special health care needs.	1	2	3	4	5
c. List three positive findings of a study to evaluate outcomes of statewide child care health consultation services delivered to child care providers.	1	2	3	4	5
e. Identify opportunities for pediatric nurses to keep current on statewide programs in their locality	1	2	3	4	5
3. Home study format was appropriate.	1	2	3	4	5
4. The content was relevant to my practice.	1	2	3	4	5
5. The content met my needs.	1	2	3	4	5
6. How much time was used to complete reading assignment and posttest:					
a. Less than 1 hour _____					
b. 1-2 hours _____					
c. 2-3 hours _____					
d. 3 hours or more _____					

Comments _____

Signature _____

POSTTEST INSTRUCTIONS

- Select the best answer and check the corresponding box on the answer form. Retain the test questions as your record.
- Complete the information requested in the space provided.
- Detach the answer form or a copy of the answer form and mail to: *Pediatric Nursing*, CE Series, Jannetti Publications Inc.; East Holly Avenue Box 56; Pitman, NJ 08071-0056 with a check or money order payable to Jannetti Publications Inc. for \$10.00 (subscriber) or \$15.00 (non-subscriber).
- Test returns **must** be postmarked by December 15, 2008. If you pass the test (70% or better), a certificate for 3.0 contact hours will be awarded by Anthony J. Jannetti, Inc.

Please allow 6–8 weeks for processing. For recertification purposes, the date that contact hours are awarded will reflect the date of processing.

Test Scoring, CE Awarding/Recording fees:
 PN Subscriber \$10.00
 Nonsubscriber \$15.00
 Expir. Date _____