

The purpose of this continuing education series is to increase the pediatric nurse's understanding about a sampling of lifestyle circumstances children may experience and the impact of these circumstances on the children's health.

Pediatric nurses come into contact with children experiencing a wide range of lifestyle circumstances, some of which might cause children to be vulnerable to negative health outcomes. Exploring a sampling of lifestyle issues can help prepare pediatric nurses to better understand these circumstances and provide appropriate care.

This continuing education series consists of two articles. The first article presents findings from a study that evaluated health-related quality of life in children being raised in two itinerant populations: traveling carnival children and migrant farm worker children. The second article reports the results of an ethnographic study that explored the culture of homelessness for adolescents.

**ASSIGNMENT**

Kilanowski, J. (2009). Health-related quality of life in two itinerant samples: Carnival and migrant farm worker children. *Pediatric Nursing, 35*(3), 149-153, 188.  
 Oliveira, J., & Burke, P. (2009). Lost in the shuffle: Culture of homeless adolescents. *Pediatric Nursing, 35*(3), 154-161.

**Earn 1.4 Contact Hours**

**OBJECTIVES**

1. Discuss the importance of understanding the potential impact of children's lifestyle circumstances on their health.
2. Compare health-related quality of life for traveling carnival children, migrant farm worker children, and children from a community sample.
3. List three unique needs of homeless adolescents.
4. Identify opportunities for pediatric nurses to keep current on children's lifestyle issues.

This offering for 1.4 contact hours is provided by Anthony J. Jannetti, Inc.

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Articles accepted for publication in the continuing education series are refereed manuscripts that are reviewed in the standard *Pediatric Nursing* review process with other articles appearing in the journal.

This test was reviewed and edited by Judy A. Rollins, PhD, RN, *Pediatric Nursing* associate editor, and Veronica D. Feeg, PhD, RN, FAAN, *Pediatric Nursing* editor.

**QUESTIONS**

1. **Health-related Quality of Life (HRQOL) in children as a construct**
  - a. has application only in medical conditions.
  - b. has no relevance in the distribution of public resources.
  - c. has been researched in children with chronic and acute diseases.
  - d. uses only physical limitations in its assessment.
  - e. has many empirically validated pediatric instruments for use.
2. **The children of itinerant workers may be at risk for health problems due to all of the below EXCEPT**
  - a. mobility.
  - b. lack of knowledge of available community services.
  - c. health insurance policies that transfer across states.
  - d. literacy issues.
  - e. fragmented education.
3. **Dr. James Varni's PedsQL™ Generic Core Scales:**
  - a. measures health-related quality of life in children infant to 18 years of age.
  - b. includes both a self-report and parent proxy form.
  - c. has children draw faces to indicate how they feel.
  - d. asks children to think about their health for the past one week.
  - e. needs 15 minutes to complete the survey.
4. **Possible sources of error in any HRQOL instrument included all of the following EXCEPT**
  - a. time perception.
  - b. memory.
  - c. personal experiences.
  - d. cultural appropriateness.
  - e. time of day administered.
5. **In this study, HRQOL in these samples of itinerant children**
  - a. were very different compared to each other.
  - b. was weakened by the community in which they lived.
  - c. the greatest difference in scores was found in the emotion subscale.
  - d. was not much different than a California community sample.
  - e. showed parent-child cross-informant scores were within the 'very good' correlation levels.
6. **Based on current research on homeless adolescents, which of the following statements is TRUE?**
  - a. Homeless youth seek out interactions with the adult homeless population.
  - b. It is estimated that there are under 1 million homeless youth in the U.S.
  - c. The number of homeless youth is equally divided among males and females.
  - d. Most homeless youth are between the ages of 13-15 years.
  - e. An estimated 40% of homeless youth are gay, lesbian, bisexual, or transgender.
7. **Stacy was placed in foster care at age 8. She lived with several different families up until age 13 and then entered a group home. After a year there, she ran away. Stacy is an example of**
  - a. an incorrigible teen.
  - b. a depressed adolescent.
  - c. an atypical social service case.
  - d. a street youth.
  - e. None of the above.

- 8. The study method used was ethnography because**
- This method eliminated the need for participants have to be able to read and write.
  - This method allowed for exploration of life for homeless adolescents and their cultural norms.
  - This method allowed for a purposive, random sampling of homeless adolescents.
  - This method is less intrusive, less time intensive and yields more reliable data.
  - All of the above.
- 9. The rationale for requesting a waiver of parental consent for this study included all of the following EXCEPT:**
- Homeless adolescents are considered emancipated minors.
  - Obtaining parental permission could compromise the adolescent's privacy.
  - Parental notification could put the adolescent at risk for abuse.
  - The study involved minimal risk to the adolescent participants.
  - State mature minor statutes can be referred to for precedent.
- 10. This study found that**
- Homeless adolescents had attachment disorders and did not need families.
  - Religious cults were rare among these homeless adolescents.
  - Social capital was contingent on the teens' saving ability.
  - Most teens avoided involvement with drugs, survival sex, or violence.
  - Homeless adolescents follow rules even though their lives are unstructured.

**Answer Form: Exploring Selected Lifestyle Circumstances for Children**

**PEDJ903**

Check the box next to the correct answer.

1.	A	2.	A	3.	A	4.	A	5.	A	6.	A	7.	A	8.	A	9.	A	10.	A
	B		B		B		B		B		B		B		B		B		B
	C		C		C		C		C		C		C		C		C		C
	D		D		D		D		D		D		D		D		D		D
	E		E		E		E		E		E		E		E		E		E

**COMPLETE THE FOLLOWING:**

*This test may be copied for use by others.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**POSTTEST INSTRUCTIONS**

- Select the best answer and check the corresponding box on the answer form. Retain the test questions as your record.
- Complete the information requested in the space provided.
- Detach the answer form or a copy of the answer form and mail to: *Pediatric Nursing*, CNE Series, Jannetti Publications, Inc.; East Holly Avenue Box 56; Pitman, NJ 08071-0056 with a check or money order payable to Jannetti Publications, Inc. for \$10.00 (subscriber) or \$15.00 (nonsubscriber).
- Test returns **must** be postmarked by June 30, 2011. If you pass the test (70% or better), a certificate for 1.4 contact hours will be awarded by Anthony J. Jannetti, Inc.

Please allow 6-8 weeks for processing. For recertification purposes, the date that contact hours are awarded will reflect the date of processing.

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PN Subscriber	\$10.00
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Evaluation	Strongly disagree				Strongly agree
1. The objectives relate to the overall purpose/goals of the education activity.	1	2	3	4	5
2. The activity met the stated objectives.					
a. Discuss the importance of understanding the potential impact of children's lifestyle circumstances on their health.	1	2	3	4	5
b. Compare health-related quality of life for traveling carnival children, migrant farm worker children, and children from a community sample.	1	2	3	4	5
c. List three unique needs of homeless adolescents.	1	2	3	4	5
d. Identify opportunities for pediatric nurses to keep current on children's lifestyle issues.	1	2	3	4	5
3. Home study format was appropriate.	1	2	3	4	5
4. The content was relevant to my practice.	1	2	3	4	5
5. The content met my needs.	1	2	3	4	5
6. How much time was used to complete reading assignment and posttest:					
a. Less than 1 hour _____					
b. 1-2 hours _____					
c. 2-3 hours _____					
d. 3 hours or more _____					

Comments \_\_\_\_\_  
Signature \_\_\_\_\_