

# Fatigue in Community Dwelling Children: Perceptions of School Nurses and Teachers

Margaret McCabe, DNSc, RN, PNP-BC

## Objectives:

- Define the symptom and list behaviors children use when experiencing the symptom.
- Review the symptom and related behaviors in relation to their clinical practice.
- Identify groups of children who are at risk to experience this symptom.
- Discuss identify potentially beneficial nursing interventions for children at risk to experience this symptom.

## Outline:

This evidence-based session will describe fatigue among children in school settings and ambulatory health settings. It will also suggest opportunities for nurses to advocate for healthy lifestyles and increase awareness of fatigue in children by educating parents and other professionals who work with children.

- 1) Definition of fatigue.
- 2) Description of common behaviors of children experiencing the symptom.
- 3) Description of school teachers' and nurses' perceptions of the symptom presence and experience in the school environment.
- 4) Description of findings from interviews with children with IBD who experience the symptom.
- 5) Description of prevalence of symptom in ambulatory setting of an acute care facility.
- 6) Description of potentially important nursing interventions.